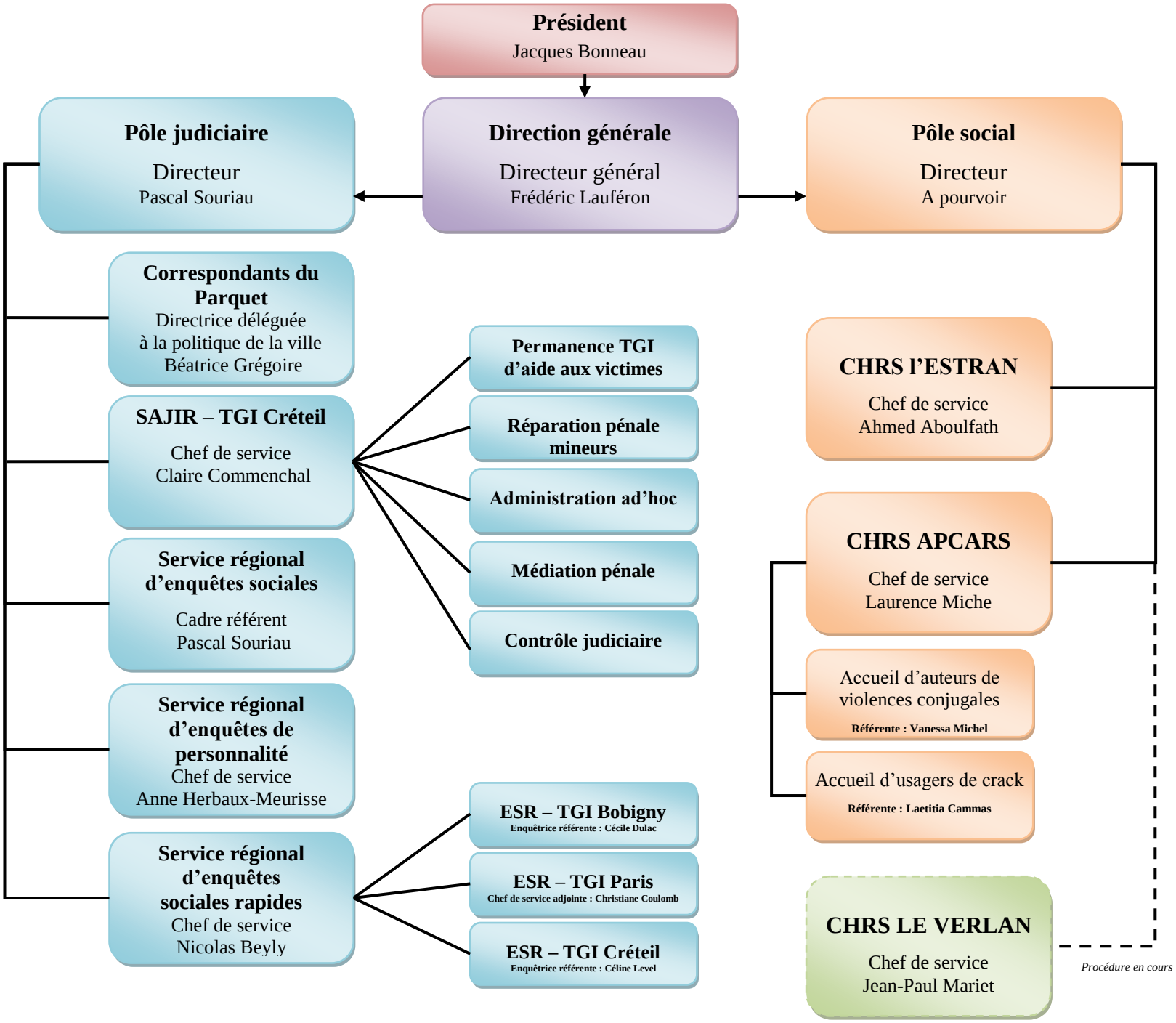1er février 2010